



## *Madison County School District Wellness Policy*

Federal Public Law (PL 108.265, Section 204) states that by the first day of the 2006 school year beginning after June 30,2006 all schools must develop a local wellness policy that involves parents, students, a representative from the School Food Authority, school board, school administrators and the public. The Local Education Authority (LEA) will establish a plan for measuring implementation of the local wellness policy.

The *Madison County Schools District Wellness Policy* is based on the Mississippi Department Education **Local School Wellness Policy Guide for Development** (revised August 2013) at [www.mde.k12.ms.us/healthy-schools](http://www.mde.k12.ms.us/healthy-schools). The minimum requirements listed in this district policy are based on the minimum requirements as stated in the MDE **Local School Wellness Policy Guide for Development**. Individual schools must meet the minimum standards, and are encouraged to add to the policy, based on community input, to address local concerns and meet local needs.



### **Rationale:**

The link between health of students and learning is well documented. This policy has been developed as part of the districts commitment to improve kids' health and their capacity to learn. The policy aims to keep students healthy over time, reinforcing positive healthy behaviors throughout the school day, and making it clear that good health and learning go hand in hand.

### **Goal:**

All students shall possess the knowledge and skills necessary to make positive choices for a lifetime. All staff in Madison County School District are encouraged to model healthful habits as a valuable part of daily life.

To meet this goal, the Madison County School District adopts this wellness policy. This policy is designed to effectively utilize school and community resources and to equitably serve the needs and interests of all students and staff, taking into consideration differences in culture.

# **Madison County School District - Wellness Council**

| Representation                      | NAME             |
|-------------------------------------|------------------|
| Child Nutrition Director            | Sharon Thompson  |
| Physical Education, Mannsdale Elem. | Doc Daniel       |
| Office of Accreditation             | Edith Mitchell   |
| School Nurse, Madison Station Elem. | Michelle Ellison |

## **Commitment to Nutrition**

The *Madison County School District* will

Minimum Requirements:

- Offer a school lunch program with menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.
- Offer school breakfast and snack programs (where approved and applicable) with menus that meet the meal patterns and nutrition standards established by the U. S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.
- Encourage school staff and families to participate in school meals .
- Operate all Child Nutrition Programs with school foodservice staff who are properly qualified according to current professional standards (Mississippi Board of Education Policy, Code 2001).
- Establish food safety as a key component of all school food operations and ensure that a food service permit is current for the food service school site.
- Follow State Board of Education policies on competitive foods and extra food sales (Mississippi Board of Education Policy, Code 2002).
- Follow the stricter of state and federal requirements for all food available on the school campuses.

## **Commitment to Food Safe Schools**

The *Madison County School District* will

Minimum Requirements:

- Implement a food safety program based on HACCP principles for all school meals, as required by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs and ensure that the food service permit is current for the school site.
- Develop a food safety education plan for all staff and students, consistent with Fight Bac® ([www.fightbac.org](http://www.fightbac.org)) and other national standards for safe food handling at home and in school.

## **Commitment to Physical Activity/Physical Education**

The *Madison County School District* will

Minimum Requirements:

- Provide 150 minutes per week of activity-based instruction for all students in grades K-8 (in accordance with Section 37-13-134, Mississippi Code of 1972, ann., reference -2012 Mississippi Public Schools Accountability Standards 32, Appendix B and 33).
- Provide Physical Education/Activity in accordance with the Physical Education Rules and Regulations as approved by the State Board of Education in compliance with the Mississippi Healthy Students Act (State Board of Education Policy 4012).
- Require fitness testing for all 5<sup>th</sup> grade students.
- Require fitness testing for high school students; during the year they acquire the ½ Carnegie unit in physical education as required for graduation by the Mississippi Healthy Students Act (State Board of Education Policy 4012).
- Offer a planned sequential program of physical education instruction incorporating individual and group activities, which are student centered and taught in a positive environment.
- Instruction must be based on 2013-2014 Mississippi Physical Education Frameworks.
- Implement the requirements of the Mississippi Healthy Students Act of 2007 (Senate Bill 2369).
- Graduation requirements for 9<sup>th</sup> through 12<sup>th</sup> grade students shall include ½ Carnegie unit in physical education.

## **Commitment to Comprehensive Health Education**

The *Madison County School District* will

Minimum Requirements:

- Provide ½ Carnegie unit of health education for graduation (2012 Mississippi Public School Accountability Standard 20, Appendix A).
- Instruction must be based on the Mississippi Contemporary Health for grades 9-12 (2012 Mississippi Public School Accountability Standard 20, Appendix A).
- Implement the requirements of the Mississippi Healthy Students Act of 2007, which requires 45 minutes per week of health education instruction as defined by the State Board of Education for grades K through 8.
- Instruction must be based on the Mississippi Contemporary Health for grades K-8.
- Implement the requirements of MS Code 37-13-171, which requires the development of a sex related education policy and instruction on medically accurate or evidenced based abstinence-only or abstinence-plus curricula.

## **Commitment to a Safe School Environment**

The *Madison County School District* will

Minimum Requirements:

- Comply with the requirements for Safe and Healthy Schools
- Comply with School Building Process Standard #36
- Ensure that all chemicals are stored properly (in accordance with the Material Safety Data Sheet [www.msdssearch.com](http://www.msdssearch.com)).
- Refer to the U.S. Consumer Product Safety Commission's Handbook for Public Playground Safety ([www.cpsc.gov](http://www.cpsc.gov)); for federal guidelines for playground safety.
- Every school will have an anti-bullying policy that outlines procedures for dealing with bullying situations in the school.
- Comply with the applicable rules and regulations of the State Board of Education in the operation of its transportation program (in accordance with the MS Code 37-41-53; State Board of Education Policies 7903, 7904, and 7909; and Accreditation Standard #35).
- Provide facilities that meet the criteria of: (MS Code 37-7-301 (c) (d) (j); 37-11-5, 49 and 45-11-101; and Accreditation Standard #36).

## **Commitment to a Quality Health Services**

The *Madison County School District* will

Minimum Requirements:

- Ensure all school nurses are working under the guidelines of the 2013 *Mississippi School Nurse Procedures and Standards of Care*.
- Provide for teachers and staff training regarding signs and symptoms of asthma. (SB 2393)
- Every child who has been diagnosed with asthma must have an asthma action plan on file in the school office.

## **Commitment to Providing Counseling, Psychological and Social Services**

The *Madison County School District* will

Minimum Requirements:

- Adhere to the details outlined in the Licensure Guidelines (451) when hiring guidance counselors and psychologists. The state does not have a policy specifically outlining the requirements for a school social worker. For licensure as a social worker in the state of Mississippi, a candidate must: provide verification of a baccalaureate degree in social work from a college or university accredited by the Council on Social Work Education (CSWE) or Southern Association of Colleges and Schools (SACS) and scores a minimum of 70 on the ASWB basic exam.
- Provide at a minimum, a ½ time licensed guidance counselor for high school and ensure that all elementary school students have access to qualified student support personnel such as: guidance counselors, social workers, nurses, psychologists, psychometrists, and others (as required by the Mississippi Public School Accountability Standards, Process Standards 6.1 and 6.2).
- Hire school guidance counselors with a minimum of a Master's Degree in Guidance and Counseling, or in an emergency situation, an appropriate certification as determined by the Commission on Teacher and Administrator Education, Certification and Licensure and Development.
- Hire school counselors who agree to abide by the American School Counselor Association Code of Ethics.
- Ensure that all school guidance counselors provide comprehensive counseling services.

## **Commitment to Family and Community Involvement**

The *Madison County School District* will

Minimum Requirements:

- Invite parents and community members to participate in school health planning..

## Commitment to Marketing a Healthy School Environment

The *Madison County School District* will

### Minimum Requirements:

- Provide positive, motivating messages, both verbal and non-verbal, about healthy lifestyle practices throughout the school setting. All school personnel will help reinforce these positive messages.
- Sponsor, organize and participate in "March for Babies" - The annual district fundraiser walk/race for the March of Dimes.



## Commitment to Implementation

The *Madison County School District* will

### Minimum Requirements:

- Establish a plan for implementation of the school wellness policy.
- Designate one or more persons to insure that the school wellness policy is implemented as written.
- Establish and support a School Health Council (SHC) that addresses all aspects of a coordinated school health program, including a school wellness policy (Mississippi Code of 1972 Annotated, Section 37-13-134).
- Conduct a review of the progress toward school wellness policy goals each year to identify areas for improvement.
- Prepare and submit a yearly report to the school board regarding the progress toward implementation of the school wellness policy and recommendations for any revisions to the policy as necessary.

## **Additional goals and policy statements**

The *Madison County School District* will

**MADISON COUNTY SCHOOL DISTRICT  
BOARD OF EDUCATION  
REGULAR SESSION**

**SUPERINTENDENT'S RECOMMENDATION FORM**

**SUBJECT:** Request to adopt the MCS - District Wellness Policy

School Name: \_\_\_\_\_

**DATE PREPARED:**

**BOARD MEEING DATE:**

**EXECUTIVE SUMMARY:**

The Madison County Schools Wellness Policy is a district policy. This site would like to adopt the policy as its Local Wellness Policy.

*Federal Public Law (PL 108.265, Section 204) states that all schools must develop a local wellness policy.*

**RECOMMENDATION:**

THE SUPERINTENDENT RECOMMENDS SCHOOL BOARD APPROVAL.

**ACTION TAKEN: (CHECK ONE)**

\_\_\_\_\_ **Approved as Requested**

\_\_\_\_\_ **Approved with Changes**

\_\_\_\_\_ **Disapproved—Reason:** \_\_\_\_\_

\_\_\_\_\_ **Tabled—Additional Action Required:** \_\_\_\_\_



